

FOUNDATIONAL TRUTHS OF MY LIFE WITH GOD

(From the book, *God is Closer Than You Think* by John Ortberg)

- ❖ God is always present and active in my life, whether or not I see God.
- ❖ Coming to recognize and experience God's presence is *learned* behavior; I can cultivate it.
- ❖ My task is to meet God in *this* moment.
- ❖ I am always tempted to live "outside" this moment. When I do that, I lose my sense of God's presence.
- ❖ Sometimes God seems far way for reasons I do not understand. Those moments, too, are opportunities to learn.
- ❖ Whenever I fail, I can always start again right away.
- ❖ No one knows the full extent to which a human being can experience God's presence.
- ❖ My desire for God ebbs and flows, but God's desire for me is constant.
- ❖ Every thought carries a "spiritual charge" that moves me a little closer to or a little farther from God.
- ❖ Every aspect of my life – work, relationships, hobbies, errands – is of immense and genuine interest to God.
- ❖ My path to experiencing God's presence will not look quite like anyone else's.
- ❖ Straining and trying too hard do not help.

Review these truths once a day for two weeks as you cultivate the practice of God's presence.