



Deep Run Mennonite Church East
Presents the
4th Annual Strides for Mission 5K
Saturday, October 2, 2010

9:30 a.m. in Bedminster Township, Pa. – Rain or Shine

Location/Registration: Starts at Deep Run Mennonite Church East at 350 Kellers Church Road in Perkaspie, Pa. Registration/number pickup at church gymnasium off of Kellers Church and Deep Run Roads starting at 8 a.m. 5K race begins at 9:30 a.m.

Amenities: Long sleeve t-shirts for all 5K pre-registrants. There will be refreshments for finishers, indoor toilet facilities, ample parking, time clock at finish and instant results. Results will be posted on www.pretzelcitysports.com in five to six days.

Awards: Awards will be given to first male and female overall finishers and the top male and female in each age group as follows: 14 and under, five-year increments thereafter, 60 and over. No mailed awards.

Entry: \$20 if postmarked by September 17, 2010. Afterward and including the day of the race, \$25 while shirts last, \$20 with no shirt.

Race Route: The race will begin at 350 Kellers Church Road to Deep Run Road to Cabin Run Road to Scott Road to Kellers Church Road to Deep Run Mennonite Church East parking lot.

General Directions: From Doylestown – Travel North on Route 611 to Plumsteadville. Proceed through the first, second and third traffic lights (Stump Road intersection). About 100 yards past the third light, turn left onto Kellers Church Road. Proceed on for more than one mile and the church will be on the left.

From Route 202/New Hope – Take Route 202 West to Route 413. Turn right and go North on Route 413. At a four-way stop in Pipersville (Pipersville Inn is on the left), turn left and follow signs to Route 611. Cross over Route 611 onto Deep Run Road and follow it about two miles to a stop sign at the intersection of Kellers Church Road – church will be on left.

From Allentown/Route 309 – Take Route 309 South to Route 113. Go East on Route 113 through Silverdale and Blooming Glen. Continue on Route 113 through the traffic light at the intersection of Routes 113 and 313. Turn right onto Elephant Road. Immediately turn left onto Irish Meetinghouse Road and proceed until you come to a stop sign. Go straight ahead and Deep Run Mennonite Church East is on the right.

Payment: Pay total with one check payable to **Deep Run Mennonite Church East** (in the Memo line designate Strides for Mission 5K) and mail to Deep Run Mennonite Church East, 350 Kellers Church Road, Perkaspie, Pa., 18944. Registration fees are non-refundable. For more information, visit www.deepruneast.org/5k or call 215-766-8380.

Please Print Clearly _____

Last Name _____ First Name _____

Address _____

City/State _____ Zip _____ Race Day Age: _____ Date of Birth ____/____/____ Sex: M F

Phone: (____) _____ Shirt Size (circle one): S M L XL E-mail _____@_____

Participation Agreement: In consideration for the opportunity to participate in the above activity, the Participant (or parent / guardian if Participant is a minor) acknowledges and accepts the risks of injury associated with participation in and transportation to and from the activity. The Participant (or parent / guardian) accepts personal financial responsibility for any injury sustained during the activity or during transportation to or from the activity. Further, the Participant (or parent / guardian) promises to indemnify, defend, and hold harmless the activity sponsor or its agents, employees, volunteers, or any other representatives (including activity sponsors) for any injury related directly or indirectly out of the described activity or transportation to or from the activity, whether such injury arises out of the negligence of the sponsor or otherwise.

If a dispute over this agreement or any claim for damages arises, the Participant (or parent / guardian) agrees to resolve the matter through a mutually acceptable alternative dispute resolution process. If the Participant (or parent / guardian) and the sponsor cannot agree upon such a process, the dispute will be submitted to a three-member arbitration panel of the American Arbitration Association for the final resolution.

Signature: _____
(Participant or parent / guardian if participant is a minor)

Date: _____